DR. GREG LEWERENZ, DAHM, EAMP, C.SMA, LMT, RYT

Foster Wellness | 4300 – 36th Ave W, Suite 130 | Seattle, WA 98199 | P: 206.856.4096 [landline] | F: 206.267.9491 | info@fosterwellness.com

OBJECTIVE

To provide effective healthcare using acupuncture, Chinese herbs, massage and yoga as modalities to improve peoples' physical and emotional lives.

EDUCATION AND SKILLS PROFILE

- East Asian Medicine Practitioner (EAMP)/Licensed acupuncturist (Washington State License #AC60114046; Idaho License #Acu-271)
 - o Seattle Institute of Oriental Medicine, Masters of Acupuncture and Oriental Medicine (SIOM; September 2006 - August 2009)
 - o Doctor of Acupuncture and Herbal Medicine (DAHM), Seattle Institute of East Asian Medicine, December 2017
- Licensed Massage Therapist (LMT, Washington State License #MA00023193)
 - o Inland Massage Institute, Certificate (September 2005 August 2006)
- Bachelor of Arts, French Literature and Music Performance
 - o Gonzaga University (December 1995)
- Certifications:
 - o Certified in Sports Medicine Acupuncture® (C. SMA), March 2017
 - o National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM), Diplomate in Oriental Medicine (September 2009, Certificate No. 118182)
 - o National Certification Board for Therapeutic Massage and Bodywork (NCBTMB), Certified (September 2006, Certificate No. 518882-06)
 - o National Acupuncture Detoxification Association, Acupuncture Detoxification Specialist, (February 2009, Certificate No. 8996)
 - o Zheng Gu Tui Na Certification, Levels I IV (completed June 2009)
 - o Chinese Language Certification, Beijing Language and Cultural University (September 2004 January 2005, February 2005 – June 2005)
 - o Registered Yoga Teacher, Yoga Alliance (RYT500), February 2006 (Member No. 21499)
 - o Anusara Certified Yoga Instructor, March 2016 (Anusara Inspired since 2013)
 - Certified Yoga Therapist, International Association of Yoga Therapists, August 2017
- Additional ongoing education:
 - o Postural Restoration Institute (PRI) courses, including Postural Respiration (2014, 2017), PRI for Fitness and Movement (2016), Pelvis Restoration (2017), Myokinematics (2017)
 - o Channel Palpation courses in theory and application with Jason Robertson and Yefim Gamqoneishvili (2011, 2014, 2016)

EMPLOYMENT HISTORY

Foster Wellness, Owner

11/23/2009 — Present

Seattle, WA

- Acupuncturist and Chinese herbalist, Massage Practitioner, Private Yoga Instructor
- Local workshops and teaching events including: Embrace the Moon Postural and Movement Workshops, April and June 2017; Corporate Asana (Seattle Client), 2017

Seattle Institute of East Asian Medicine (SIEAM)

10/2011 - Present

Seattle, WA

- Tuina Clinic Supervisor, Teaching/Teaching Assistant (acupuncture techniques, orthopedic assessment)

Sports Medicine Acupuncture/AcuSport

9/2018 - Present

- Teaching Assistant for Assessment and Treatment of Channel Sinews modules

Seattle Yoga Arts 12/2012 — 3/2014

Seattle, WA

- Independent Contractor: Yoga Instructor

Accenture 3/17/1997 — 9/9/2004

Seattle, WA and Chicago, IL

- Human Performance Consulting Service Line, Manager (May 2000 September 2004)
- Human Resources Analyst (March 1998 May 2000)
- Finance Assistant (March 1997 March 1998)

PUBLICATIONS

- The Lantern, "Static dry blood and Xia Yu Xue Tang." May 2017, Vol. 14 No. 2
- <u>Anusara Marga</u>, "Balancing the Pelvis in Adho Mukha Svanasana." October 2018, 2nd Edition

PROFESSIONAL ORGANIZATIONS

- National Certification Board for Therapeutic Massage and Bodywork, Nationally Certified, 9/2006 Present
- National Certification Commission for Acupuncture and Oriental Medicine, Dipl. O.M., 9/2009 Present
- Seattle Institute of East Asian Medicine Advisory Council, Student Representative, 2008-2009; Alumni Representative, 4/2012 Present
- National Acupuncture Detoxification Association (NADA), 2/2009 Present
- Washington East Asian Medicine Association, 11/2009 Present
- GLMA (previously known as the Gay and Lesbian Medical Association), 01/2013 Present
- Yoga Alliance, Registered Yoga Teacher (RYT500), 12/2005 Present
- International Association of Yoga Therapists, 11/2012 Present
- Greater Seattle Business Association (GSBA), 3/2010 Present

ACTIVITIES

- Practitioner Volunteer (Acupuncture), Seattle Center Foundation's Seattle/King County Health Clinic, Seattle, November 2015, October 2017
- Practitioner Volunteer, Kang Wen Community Acupuncture Clinic, Seattle, December 2009 February 2011
- Intern Representative, Seattle Symphony Orchestra Board of Trustees, Seattle Works EXCEED Program, September 2000 June 2001
- REI Volunteer, Discovery Park, April 2007 2011
- Magnolia Chamber of Commerce, Board (Secretary), January 2011 January 2013; Member, January 2010 Present